# Improving Access to Cancer Care: Relationship Building with Indigenous Patients and Elders

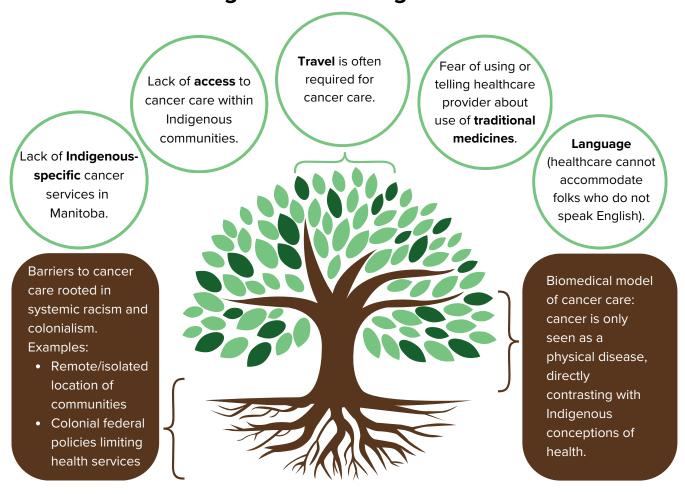
In 2022, a group of Indigenous and non-Indigenous researchers and healthcare providers began a project to engage with Indigenous cancer survivors, family members, and Elders. Our goals were:

To build culturally respectful relationships with Indigenous Elders and cancer survivors to partner with in future research studies.

To identify research priorities regarding access to cancer treatment and/or services among Indigenous Peoples.

A series of four sharing circles in addition to a closing feast and sharing circle were held. Story sharers described barriers and challenges to accessing cancer care and priorities for future research.

#### **Barriers & Challenges to Accessing Cancer Care**



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## Priorities for Research & Health System Innovations to Improve Access to and Experiences of Care

**Develop and implement Indigenous-specific cancer services** in Manitoba, including:

- Indigenous cancer navigators
- Indigenous-specific support groups & counselling
- Indigenous peer support programs
- Traditional ceremonies and practices

### Use storytelling to share the stories of Indigenous cancer survivors and/or Elders and Knowledge Keepers:

- Strengths-based with a focus on traditional knowledge and traditional medicines
- Focus on what makes people well and keeps people happy
- Bringing more awareness to Western health care providers, as well as Indigenous cancer survivors

#### Improve cancer prevention education and cancer screening:

- Deliver education programming in communities, by community members
- Leverage novel screening technologies that can brought into community

**Create a patient care advocate** or navigator position in each First Nation community in Manitoba and ensure that these services are available in all five Indigenous languages in Manitoba

**Study** the impact of **colonization on cancer and cancer outcomes** in First Nations communities, including the impacts of environmental and living conditions, and the loss and grief resulting from colonization.

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